



## Adoptive Families Together W.I.S.E. UP Workshop Description

The W.I.S.E. UP workshop is 2 hours and is based on the award winning curriculum from a training developed by the Center for Adoption and Support:  
[www.adoptionsupport.org](http://www.adoptionsupport.org) .

The W.I.S.E. Up curriculum is used to teach children ages 6 through 12 how to respond to questions about their adoption experience. The workshop provides a framework to respond in a variety of ways using group discussion and role playing. While children are meeting, parents will come together to be trained on the W.I.S.E. Up curriculum in order to support their children using these newly learned strategies.

The workshop starts with the kids and parents in the same room and introductions. Then the parents go into a separate room (right next door) and the kids go over the WISE UP program in a very interactive way. They learn about why people that are not adopted are curious and ask questions about adoption. They also learn that they have the power to choose how they want to answer these questions in a variety of ways. Then they do some role playing exercises to practice answering questions and talking about issues and feelings that might come up. Then the parents and kids all meet up again at the end and the kids role play the questions and answers again and TEST the parents to see if the parents have also learned how to respond. The parents also get a chance to role play in front of the kids.