## Cape Ann Winter 2024 Support Group & Resource Calendar

Month	Dates	Topic	Location
January	Thursday, 1/11/2024 8 PM	What Supports Are Out There?	Virtual
February	Thursday, 2/8/2024 8 PM	Healthy Boundaries With Bio Parents	Virtual
March	Thursday, 03/14/2024 8 PM	Identifying Your Circle of Support	Virtual

Contact your FRL to join and for updates on possible in person meetings. Visit mspcc.org/kidsnet for additional statewide virtual training opportunities