

Cape Ann Winter 2025 Support Group & Resource Calendar

Month	Dates	Topic	Location
January	Tuesday, 1/14/2025 7:30 PM	Caregiver self-awareness & self-care & understanding your own triggers	Virtual Possible in-person TBD
February	Tuesday, 2/11/2025 7:30 PM	What Support is Out There?	Virtual Possible in-person TBD
March	Tuesday, 03/11/2025 7:30 PM	Share a Fostering Experience	Virtual Possible in-person TBD

**Contact Laura Pacheco to join and for updates on in-person meetings.
Visit mspcc.org/kidsnet for additional statewide virtual training opportunities**