

Coastal Fall 2023 Support Group & Resource Calendar

Month	Dates	Topic	Location	Time
September	9/14/23	Foster and Adopted Alumni Chat	Zoom	6:30-8:00 pm
October	10/17/23	Mindfully Fostering (Meditation and Movement)	Zoom	6:30-8:00 pm
November	11/18/23	Mindfully Fostering (Meditation and Movement)	Zoom	10:30-11:30 am
December	12/9/23	Holiday Gathering	Location TBD	Email will have details

Contact your FRL with any questions.

Visit mspcc.org/kidsnet for additional statewide virtual training opportunities