

## Coastal Fall 2023 Support Group & Resource Calendar

Month	Dates	Topic	Location	Time
September	9/14/23	Foster and Adopted Alumni Chat	Zoom	6:30-8:00 pm
October	10/17/23	Mindfully Fostering (Meditation and Movement)	Zoom	6:30-8:00 pm
November	11/16/23	Caring for NAS Infants	Zoom	6:30-8:00 pm
December	12/16/23	Holiday Gingerbread Decorating Extravaganza	DCF Coastal Area Office	12:00-3:00 pm

**Contact your FRL with any questions.**

**Visit [mspcc.org/kidsnet](https://mspcc.org/kidsnet) for additional statewide virtual training opportunities**