

# Worcester East Fall 2023

## Support Group & Resource Calendar

Month	Dates	Topic	Location
September	9/13/2023 7:30-9pm	Transition to the new school year	Zoom
October	10/11/2023 7:30-9pm	Visitations: Before and After What that looks like.	Zoom
November	11/8/2023 7:30-9pm	Planning for the holidays	Zoom
December	12/6/2023 7:30-9pm	Using Routines to help stay regulated	Zoom

**Contact your FRL to join and for updates about possible in person meetings. Visit [mspcc.org/kidsnet](https://mspcc.org/kidsnet) for additional statewide virtual training opportunities**