## North Central Winter 2024 Support Group & Resource Calendar

January	01/03/2024 7-9 pm	What is a FRL and what can they do for you?	Zoom
February	02/07/2024 7-9 pm	Kid'sNet Respite, Babysitting and Children Carewhat's the difference and how do you access the support you need?	Zoom
March	03/06/2024 7-9 pm	Kid'sNet Helpline vs DCF Hotline what's the difference and when to call.	Zoom

Contact your FRL to join and for updates about possible in person meetings. Visit mspcc.org/kidsnet for additional statewide virtual training opportunities