

# STATEWIDE TRAINING

January 2024



*All trainings are open to parents across  
Massachusetts and are provided **FREE** of charge.*

**Monday, 1/8**  
**Building Positive Relationships with Children to promote Healing**  
**Dr. Gwen Bass, Kelly Thibodeau, and Eva Reynolds**

**7:30-9pm**

[Register Here](#)

When kids experience trauma and disrupted attachments they often have unique needs when it comes to developing new bonds. This session describes the impact of trauma and introduces strategies caregivers can use to connect with children. All educators, foster and/or adoptive parents themselves, Dr. Gwen Bass, Kelly Thibodeau and Eva Reynolds, provide detailed relevant information rooted in their own experiences.

**Tuesday, 1/9**  
**Paying for College for Adoptive Children**  
**Helene Leue**

**7:30-9pm**

[Register Here](#)

If you have adopted, are in the process or only just considering adoption - it is never too early to start planning for college. What are your options? What resources are available to you? Join us to have your questions answered or just to learn more! A foster parent herself, Helene will help to answer any questions you may have and provide helpful financial tips!

**Tuesday, 1/16**  
**TBRI Overview, Part 1**  
**Jonathan Reid**

**7:30-9pm**

[Register Here](#)

Trust-Based Relational Intervention® (TBRI®) is an evidence-based caregiving intervention developed to support caregivers in meeting the complex needs of children who have experienced abuse, neglect, and trauma. The TBRI® model helps caregivers to create homes marked by felt safety, mutual trust, and deepening attachment with the goal of hope and healing for the entire family.

This 2-part Introduction to TBRI® Caregiver Training will help participants better understand the needs of children with trauma histories and will overview some practical strategies that equip caregivers to provide healing care to the children in their lives.

Fostering Hope's team of TBRI® Practitioner Trainers are passionate and dedicated foster and adoptive parents and/or professionals working directly with children who have experienced foster care. Each practitioner has received formal training from the Karen Purvis Institute of Child Development in Fort Worth, Texas, and brings with them a deep belief in the healing power of relational connection. You can learn more about the TBRI® model by following this [link](#).

**Wednesday, 1/17**  
**Understanding & Caring for Youth with Autism**  
**Michael Medeiros**

**6:30-8pm**

[Register Here](#)

It is essential for parents and caregivers to develop the capacity to understand and care for children and youth who may present complex needs. Join us for an overview and discussion on supporting children and youth who are on the Autism spectrum, as we explore what Autism is, characteristics associated with the ASD diagnosis, and strategies for managing common challenges. Hosted by trainer, foster and adoptive parent.

**Thursday, 1/18**  
**Understanding, Effectively Responding, and Managing Challenging Behaviors**  
**Ruth Bodian**

**7:30-9pm**

[Register Here](#)

This training will build on knowledge you have gained in previous training about the impact of trauma. We will take a closer look at the underlying causes of challenging behaviors and what the behavior may be communicating. By being curious about the message the behavior is communicating, we can respond in a way that not only helps us to manage the behavior, but also promotes healing. We will also reflect on our reactions to these behaviors and what makes it difficult to respond effectively in the moment.

**Monday, 1/22**  
**Understanding Behavior through a Trauma Lens**  
**Dr. Gwen Bass, Kelly Thibodeau, and Eva Reynolds**

**7:30-9pm**

[Register Here](#)

Finding effective ways to manage difficult behavior can be especially challenging for caregivers supporting children who have experienced trauma. Understanding behavior as communication as well as building a toolbox of practical strategies to use in tricky moments are key to responding effectively in the moment. All educators, foster and/or adoptive parents themselves, Dr. Gwen Bass, Kelly Thibodeau and Eva Reynolds, provide detailed relevant information rooted in their own experiences.

**Tuesday, 1/23**  
**TBRI Overview, Part 2**  
**Jonathan Reid**

**7:30-9pm**

[Register Here](#)

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**Wednesday, 1/24**  
**Best Tool for Motivating Kids and Bringing Out Their Best**  
**Emily Kline**

**10-11:30 am**

[Register Here](#)

Join psychologist and author Dr. Emily Kline for this informative and practical webinar on how to use simple conversational tools to have more effective conversations about everything from homework to marijuana with teens. Dr. Kline will teach you about a technique called motivational interviewing, which can decrease defensiveness and support healthy problem solving. Through many everyday examples, Dr. Kline will help you see how to make small changes to encourage smarter choices and behavior from any teen.

**Thursday, 1/25**  
**Listening Session with Commissioner Miller**

**6-7:30pm**

Hold the date! More information and a separate registration link to come for this listening session with DCF Commissioner Miller.

**Monday, 1/29**  
**Active listening**  
**Dr. Gwen Bass, Kelly Thibodeau, and Eva Reynolds**

**7:30-9pm**

[Register Here](#)

Active listening is when we are fully engaged while another person is talking to you--listening with the intent to understand, rather than listening to respond. In this workshop, you will learn how to use active listening as a parenting tool to support improved communication between parent/caregiver and child/youth. Active listening is another tool to put in your toolbox to help address behavioral concerns, and overall help to improve relationships with your kids. All educators, foster and/or adoptive parents themselves, Dr. Gwen Bass, Kelly Thibodeau and Eva Reynolds, provide detailed relevant information rooted in their own experiences.

**Wednesday, 1/31**  
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