

## Greater Lowell Winter 2026 Support Group & Resource Calendar

Month	Dates	Topic	Location
January	1/22/2026 6:30 - 8:30PM	Share your calming strategies (for both you and child)	Chelmsford Public Library
February	2/26/2026 6:30 - 8:30PM	The benefits of cooking with children	Chelmsford Public Library
March	3/26/2026 6:30 - 8:30PM	Meet with DCF (Get to know your Area Office)	Lowell DCF office

**Contact Kelsey Stevens for more information ~ [Kstevens@mspcc.org](mailto:Kstevens@mspcc.org)  
Visit [mspcc.org/kidsnet](https://mspcc.org/kidsnet) for additional statewide virtual training opportunities**