

Metro North Winter 2024 Support Group & Resource Calendar

Month	Dates	Topic	Location
January	Tuesday, 1/9/2024 6:30-8 PM	New Year's Resolutions	Virtual
February	Tuesday, 2/13/2024 6:30-8 PM	Valentine's Day and the Importance of Date/ Self Care Nights	Virtual
March	Tuesday, 3/12/2024 6:30-8 PM	This and That (Stories and Shares)	Virtual

**Contact your FRL to join and for updates on possible in person meetings.
Visit mspcc.org/kidsnet for additional statewide virtual training opportunities**