

Northern Region Fall Support Groups

September Support Groups

Area Office	Date	Time	Location	Topic
ADLU	9/14/2026	06:30 PM to 08:00 PM	Virtual	Ideas for starting the school year right
Cambridge	9/9/2026	06:30 PM to 08:00 PM	Virtual	Back to school. Back into Routine
Haverhill	9/9/2026	07:00 PM to 09:00 PM	Virtual	Sharing Experiences
Lawrence	9/9/2026	07:00 PM to 08:30 PM	Virtual	General Support
Lowell	9/23/2026	06:30 PM to 08:30 PM	Lowell DCF Office	Ideas for starting the school year right
Lynn	9/14/2026	05:30 PM to 08:00 PM	Lynn Woods Playground	General Support
Metro North	9/9/2026	06:30 PM to 08:00 PM	Virtual	Ideas for starting the school year right
Cape Ann	9/8/2026	07:00 PM to 08:30 PM	Cape Ann DCF Office	General Support

October Support Groups

Area Office	Date	Time	Location	Topic
ADLU	10/12/2026	06:30 PM to 08:00 PM	Virtual	Holidays and the emotions they bring
Cambridge	10/14/2026	06:30 PM to 08:00 PM	Virtual	Fall activities for the family
Haverhill	10/14/2026	07:00 PM to 09:00 PM	Virtual	Children born substance exposed. "To the Moon and Back" Lynnette Lovasco
Lawrence	10/14/2026	07:00 PM to 08:30 PM	Virtual	Group Wisdom
Lowell	10/19/2026	06:30 PM to 08:30 PM	Chelmsford Public Library	The ups and downs of navigating the holidays as a foster parent
Lynn	10/5/2026	06:00 PM to 07:30 PM	47 Grove St., Lynnfield	Crafting activities with your child
Metro North	10/8/2026	06:30 PM to 08:00 PM	Virtual	Fall Activities for the Family
Cape Ann	10/13/2026	07:00 PM to 08:30 PM	Cape Ann DCF Office	Fall Activities for you Family

November Support Groups

Area Office	Date	Time	Location	Topic
ADLU	11/16/2026	06:30 PM to 08:00 PM	Virtual	Get to know your Area Office
Cambridge	11/4/2026	06:30 PM to 08:00 PM	Virtual	General Support
Haverhill	11/11/2026	07:00 PM to 09:00 PM	Virtual	Bring your DCF questions/concerns
Lawrence	11/11/2026	07:00 PM to 08:30 PM	Virtual	Fostering during the holidays
Lowell	11/18/2026	06:30 PM to 08:30 PM	Greater Lowell DCF Office	Get to know your Area Office
Lynn	11/2/2026	10:00 AM to 11:30 AM	Land of a Thousand Hills Coffee	Share a Fostering Experience
Metro North	11/5/2026	06:30 PM to 08:00 PM	Virtual	General Support
Cape Ann	11/10/2026	07:00 PM to 08:30 PM	Cape Ann DCF Office	Healthy boundaries with bio parents

December Support Groups

Area Office	Date	Time	Location	Topic
ADLU	12/14/2026	05:00 PM to 07:00 PM	Chelmsford Public Library	Holiday Party
Cambridge	12/9/2026	06:30 PM to 08:00 PM	Virtual	General Support
Haverhill	12/9/2026	07:00 PM to 09:00 PM	Virtual	Discussing Holiday Traditions
Lawrence	12/9/2026	07:00 PM to 08:30 PM	Virtual	Best movies for the holidays
Lowell	12/8/2026	06:30 PM to 08:30 PM	Chelmsford Public Library	Holiday Party
Lynn	12/7/2026	07:30 PM to 09:00 PM	Virtual	Trauma or ADHD- and where to turn for answers
Metro North	12/10/2026	06:30 PM to 08:00 PM	Virtual	General Support
Cape Ann	12/8/2026	07:00 PM to 08:30 PM	Cape Ann DCF Office	How to make Impactful Memories

Contact your FRL for more information <https://www.mspcc.org/fri-directory/>