

KID'S NET
MSPCC
A DIVISION OF ELIOT

Online Training for Foster Parents

Sunday, 11/1 | 7-8:30pm
Understanding Intergenerational Trauma & Building Resilient Families
Gwen Bass

This training explores how intergenerational trauma influences family dynamics, relationships, and parenting. Participants will learn to recognize recurring family patterns, reflect on their impact, and apply boundary-setting strategies to break harmful cycles, promote healing, and strengthen family resilience.

Presented by Dr. Gwen Bass and her team of educators and foster/adoptive parents.

Wednesday, 11/4 | 7:30-9pm
Infant Safe Sleep
Alyssa Golner

This session introduces the fundamentals of creating a safe and nurturing sleep environment for your family. Whether you're a new parent or caregiver, or you're seeking safe sleep methods for your growing family, this course equips you with essential knowledge and practical tips based on established safety standards.
Join us as we explore strategies for promoting healthy sleep habits, ensuring peaceful nights and brighter days for you and your loved ones.

Presented by Alyssa Golner, a passionate advocate for infant safe sleep, this training blends expertise with personal experience.

Thursday, 11/2 | 7-8:30pm
Supporting a Child's Identity Through Everyday Hair Care
Terria Roushun

In this training, participants will gain a deeper understanding of how hair care connects to identity and self-esteem for Black children. We'll share simple ways to turn everyday routines into moments of connection and affirmation.

Terria Roushun is a licensed cosmetologist, certified in trauma-informed care, who equips parents and professionals with practical skills and culturally grounded insight to confidently care for Black children's hair.

Monday, 11/16 | 6:30-8pm
Supporting Family Connections
Michael Mederios

This session centers on a "Shared Parenting" approach as we highlight the importance of maintaining family connections for children placed in foster care. Allowing children to feel a sense of wholeness, respecting what family represents, and building alliances with the family of origin are essential to nurturing a child's sense of well-being.

Presented by Michael Medeiros, experienced trainer and foster/adoptive parent.

Tuesday, 11/17 | 7:30-9pm
Supporting Caregivers
GBPLAG

What does it mean to be a parent, guardian, or caregiver of an LGBTQ+ child? What supports do caregivers need? This training explores the unique experiences that are involved with raising and supporting LGBTQ+ youth. Explore identity, expression and growing up queer; learning from and discussing caregiver's perspectives on best practices for LGBTQ+ youth and family members. In this training, participants will have a chance to discuss their experiences navigating caregiving and discuss how reality for LGBTQIA+ youth have changed for better and for worse today.

Presented by Greater Boston PFLAG, an organization dedicated to creating a world where LGBTQ+ individuals are safe, supported, and equal in their families, communities, and society.

Wednesday, 11/18 | 7:30-9pm
Poison Prevention
Massachusetts Department of Public Health

This training will explore the burden and causes of childhood poisonings based on age and development specific risks and apply this knowledge to prevent poisonings
Identify poison risks and support children in learning safe habits to prevent accidental poisonings
Acess and utilize available resources tools and community services that promote safety and prevent unintentional poisoning.

Presented by a representative from the Massachusetts Department of Public Health

Thursday, 11/19 | 10:30am-12pm
Love Has No Limits, But Parenting Does
Donna Shea

With the stress of our fast-paced existence, more demands on our time, and long hours, we sometimes just don't have the steam for the harder-than-we-might-expect work of parenting. Let's be honest, we all slide when it comes to seeing the limits our kids need from us. In this workshop, we'll talk about the benefits of limit setting, that fair is not necessarily equal, dealing with tantrum throwers and negotiators, when to hold onto an expectation and when to let one go, overcompensating because we feel guilty, and why we should allow other adults to set limits with children.

Presented by Donna Shea, a social skills coach with over 23 years of experience working with children and teens (Grades K–12) using a playful, strength-based approach that supports confident communication and emotional growth.

Tuesday, 11/24 | 7:30-9pm
Autism Facts, Screening and Resource Awareness
Kelly Petravicz

This training provides participants with a foundational understanding of Autism Spectrum Disorder (ASD), focusing on accurate facts, early screening practices, and available community and professional resources. Participants will explore evidence-based information to help identify early signs of autism, reduce stigma, and promote inclusion and support for individuals and families affected by ASD.

Presented by Kelly Petravicz, LCSW, an Early Intervention Program Director.

Monday, 11/30 | 6:30-8pm
Impact of Loss on Attachment
Michael Mederios

Loss and grief are inherent parts of the foster care experience, and complex issues associated with dealing with loss impact everyone: children, birth parents and families of origin, and foster families.

Presented by Michael Medeiros, a foster/adoptive parent with decades of experience training other foster parents. He uses real life experiences and provides strategies that can be easily implemented.

Register Here

To learn more about our trainings and browse recorded trainings, visit our website at
www.mspcc.org/kidsnet