

STATEWIDE TRAINING

November 2023



All trainings are open to parents across Massachusetts and are provided **FREE** of charge.

Tuesday, 11/7
Introduction to Intergenerational/Racial Trauma
Jenise Katalina
7:30 - 9:00pm

[Register Here](#)

This foundational workshop will explore the types of and effects of historical, cultural and racial trauma and how they transcend across generations to connect how it presents in people's current lives: generational, historical, and intersectional cultural perspectives are explored.

Attendees will: Gain basic information about historical, generational and racial trauma, Identify historically oppressed groups and their collective experience, Identify personal intergenerational messaging in response to familial/ancestral trauma and resilience. Presented by - Jenise Katalina, LICSW, the founder of Kindred Healing Counseling Services, a mental health private practice focused on supporting individuals experiencing intergenerational trauma, racial trauma, and perinatal mood disorders utilizing a liberation lens.

Wednesday, 11/8
Tips and Tricks of Handwriting
Audrie Vantangoli
7:30 - 9:00pm

[Register Here](#)

Join pediatric occupational therapist and owner of Get A Grip Occupational Therapy, Audrie Vantangoli, MOT, OTR/L, CPRCS, in presenting: Tips and Tricks of Handwriting. Feeling at a loss with your child's handwriting skills, especially in a world of technology, join this training to learn the "Tips and Tricks of Handwriting". This training will cover developmentally appropriate activities, strategies and expectations for your child to improve their writing skills.

Thursday, 11/9
Here Comes EI
Lisa Bingley, MEd
10:00 - 11:30am

[Register Here](#)

This session will review the steps families can take to get Early Intervention services for their foster children ages birth until three years old. We will discuss and review how early intervention supports the child in foster care and where to find development resources. We will also review supports available to include biological parents in the early intervention services. Host - Lisa Bingley, MEd, is a Developmental Specialist. Before joining early intervention, Lisa spent over 25 years working with families in childcare settings. Lisa enjoys working with families to celebrate childhood and to cherish the adventure that family brings.

Monday, 11/13
Caregiver Self-Awareness
Dr. Gwen Bass, Eva Reynolds and Kelly Thibodeau
7:30 - 9:00pm

[Register Here](#)

All educators, foster and/or adoptive parents themselves, Dr. Gwen Bass, Kelly Thibodeau and Eva Reynolds, provide detailed relevant information rooted in their own experiences. Navigating our own emotions and struggles while parenting children who have experienced trauma can lead to overwhelm and exhaustion in caregivers. Learn more about how focusing on your own emotional intelligence and self-awareness, nurturing yourself, and prioritizing self-care can make you feel more effective and fulfilled.

Wednesday, 11/15
Teaching Discipline: Helping Children Manage Behavior
Michael Medeiros
6:30-8:00 pm

[Register Here](#)

Please join just for this MAPP refresher for parents and caregivers. Whether you took MAPP a few months or a few years ago this training is for you. This will be a comprehensive review of effective behavior management strategies as presented in MAPP Training. Hosted by trainer, foster and adoptive parent - Michael Medeiros.

Thursday, 11/16
What to expect from the Child's Attorney, Part 1,
CPCS
7:30 - 9:00pm

[Register Here](#)

Who is the child's attorney? How do you find out? What can you expect from them? CPCS, Emergency Removal, 72 hour hearing, Trail, CASA, GAL - What do all these terms mean? How can caregivers and attorneys work together? How often should you expect to see the child's attorney? What do you need to know about the court process?

Have all these questions and more answered by the CPCS staff.

CPCS is the Committee for Public Counsel Services, which is located in the Massachusetts Public Defenders Office. CPCS consists of both staff attorneys and private panel attorneys appointed by the Court.

Wednesday, 11/27
Active Listening
Dr. Gwen Bass, Eva Reynolds and Kelly Thibodeau
7:30 - 9:00pm

[Register Here](#)

All educators, foster and/or adoptive parents themselves, Dr. Gwen Bass, Kelly Thibodeau and Eva Reynolds, provide detailed relevant information rooted in their own experiences. Active listening is when we are fully engaged while another person is talking to you—listening with the intent to understand, rather than listening to respond. In this workshop, you will learn how to use active listening as a parenting tool to support improved communication between parent/caregiver and child/youth. Active listening is another tool to put in your toolbox to help address behavioral concerns, and overall help to improve relationships with your kids.

On demand
Working with Biological Families + Kinship Care and Family Dynamics with Raquel
Laura - Foster Parent Partner

[Register Here](#)

Tik Tok and YouTube: Laura - Foster Parent Partner presents: Working with biological families + kinship care and family dynamics with Raquel. This is a 30 minute YouTube Video you can watch on your own time.

"If you are a kinship provider or foster parent you may find yourself in harder situations as it relates to working with and honoring a child's biological family. Raquel walks us through a variety of situations and offers a way to navigate when you are angry, upset, or frustrated as you work through difficult family dynamics."

When you register for this on-demand training you will receive the link to watch this video. By watching this video and responding to Kid's Email answering the question provided with the link you will receive an hour of training credit.



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kid'snet
Resources for foster, pre-adoptive
and kinship families