

ONLINE SUPPORT GROUPS

Do you want to connect with other parents from your area or who are having similar parenting experiences?

OVERVIEW & PURPOSE

These virtual versions of our in-person support groups are designed for foster, kinship, and pre-adoptive parents to connect with one another and offer support. A facilitator will lead these groups and keep them on track, however, there is no set curriculum. Participants can offer suggestions and support to others.

If no date is listed, please reach out to the facilitator for more information.

SUPPORT GROUPS BY REGION

- **Central ADLU** - every other Tuesday
 - Chip LaRiviere - worcesterregionalFRL@gmail.com
- **Worcester East & West**
 - Vicky LeBlanc- CWWfrl@gmail.com
 - Richard Benoit - richpbenoit@gmail.com
- **Holyoke** - second Tuesday of the month
 - Mary Etta Grabowski - HolyokeFRL@gmail.com
- **Lowell**
 - Kelsey Stevens - kastevens18@gmail.com
- **Cambridge**
 - Eleanor Killeen- eleanorkilleen@yahoo.com
- **Lawrence (English & Spanish)**
 - Joean Serrano- joean_serrano@comcast.net
- **Haverhill**
 - Michelle Raftery- rafterym@comcast.net
- **Framingham**
 - Julie Stanwood - jahstanwood@aol.com
- **Boston ADLU** - first Thursday of the month
 - Elizabeth Pierce - erpierce92@gmail.com

- **Brockton**
 - Rebecca Hally - BrocktonFRL@gmail.com
- **Cape and Islands**
 - Jen Christian - CapeofficeFRL@gmail.com
- **Coastal**
 - Kerry Roberts - CoastalFRL@gmail.com

SUPPORT GROUPS BY TOPIC

- **Single Parenting** - Every other Tuesday @ 8:00 pm
 - Rebecca Hally - BrocktonFRL@gmail.com
- **Fostering Teens**
 - Christine Chisholm - ArlingtonFRL@gmail.com
- **Infants/Toddlers** - Every other Monday @ 7:30 pm
 - Christina Dusel - PlymouthFRL@gmail.com
- **Pre/Post Adoption** - Every other Thursday @ 10:00 am
 - Deidre Littlefield - seregionalfrel@gmail.com
- **Group for Dads**
 - Chip LaRiviere - worcesterregionalFRL@gmail.com

OTHER RELEVANT SUPPORT GROUPS

- **To the Moon and Back - Support group for Caregivers who are parenting children who were born substance-exposed -**
 - Theresa Harmon - TheresaHarmonLCSW@gmail.com
- **Adoptive Families Together:** made up mostly of families who have legalized their adoptions, but an excellent way to build community in your area if you are a pre-adoptive family who has been matched/placed.
 - **Jamaica Plain:** contact Dana Lehman (danalehman10@gmail.com) or Matt Paluszek (mattpalusz@aol.com)
 - **Roslindale:** contact Clare O'Donohue (clareodo@hotmail.com) or Mary Howard (marythow@aol.com)