

ONLINE SUPPORT GROUPS

Do you want to connect with other parents from your area or who are having similar parenting experiences?

OVERVIEW & PURPOSE

These virtual versions of our in-person support groups are designed for foster, kinship, and pre-adoptive parents to connect with one another and offer support. A facilitator will lead these groups and keep them on track, however, there is no set curriculum. Participants can offer suggestions and support to others.

If no date is listed, please reach out to the facilitator for more information.

SUPPORT GROUPS BY REGION

- **Central ADLU** - every other Tuesday
 - Chip LaRiviere - worcesterregionalFRL@gmail.com
- **Worcester East & West**
 - Vicky LeBlanc- CWWfrl@gmail.com
 - Richard Benoit - richpbenoit@gmail.com
- **Holyoke** - second Tuesday of the month
 - Mary Etta Grabowski - HolyokeFRL@gmail.com
- **Lowell**
 - Kelsey Stevens - kastevens18@gmail.com
- **Cambridge**
 - Eleanor Killeen- eleanorkilleen@yahoo.com
- **Lawrence (English & Spanish)**
 - Joean Serrano- joean_serrano@comcast.net
- **Haverhill**
 - Michelle Raftery- rafterym@comcast.net
- **Framingham**
 - Julie Stanwood - jahstanwood@aol.com
- **Boston ADLU** - first Thursday of the month
 - Elizabeth Pierce - erpierce92@gmail.com

- **Brockton**
 - Rebecca Hally - BrocktonFRL@gmail.com
- **Cape and Islands**
 - Jen Christian - CapeofficeFRL@gmail.com
- **Coastal**
 - Kerry Roberts - CoastalFRL@gmail.com

SUPPORT GROUPS BY TOPIC

- **Single Parenting** - Every other Tuesday @ 8:00 pm
 - Rebecca Hally - BrocktonFRL@gmail.com
- **Fostering Teens**
 - Christine Chisholm - ArlingtonFRL@gmail.com
- **Infants/Toddlers** - Every other Monday @ 7:30 pm
 - Christina Dusel - PlymouthFRL@gmail.com
- **Pre/Post Adoption** - Every other Thursday @ 10:00 am
 - Deidre Littlefield - seregionalfrel@gmail.com
- **Group for Dads**
 - Chip LaRiviere - worcesterregionalFRL@gmail.com

Support Group for those Parenting Children of Color

Wednesday, June 10th at 8:00pm

Are you raising/fostering a child of color? Are you feeling overwhelmed with what is going on in the world and how to talk to your children (foster, bio, adopted) about it? Are you struggling with your own feelings around racism?

Join Kim Kelley-Kid's Net Director for the Southern Region and a transracial adoptive parent and Christina Dusel-FRL for the Plymouth Area Office and transracial adoptive parent for a support group on Wednesday, June 10th at 8:00. This group is open to any foster parent statewide. While any foster parent is welcome to join, the focus of this group will be for parents currently parenting children of color.

Please email kidsnet@msspcc.org to register.

Support Group for Foster Parents of Color

Thursday, June 11th @ 8:00pm

Are you a person of color who is struggling with the recent events in our country? Are you feeling overwhelmed and how to talk to your children (foster, bio,

adopted) about it? Are you looking for a safe place where you can discuss your feelings with other parents of color? Join-Darline Cadet-Family Resource Supervisor for the Plymouth Area Office for a support group. This group is open to any foster parent of color statewide.

Please email kidsnet@mspcc.org to register.

OTHER RELEVANT SUPPORT GROUPS

- **To the Moon and Back - Support group for Caregivers who are parenting children who were born substance-exposed -**
 - Theresa Harmon - TheresaHarmonLICSW@gmail.com
- **Adoptive Families Together:** made up mostly of families who have legalized their adoptions, but an excellent way to build community in your area if you are a pre-adoptive family who has been matched/placed.
 - **Jamaica Plain:** contact Dana Lehman (danalehman10@gmail.com) or Matt Paluszek (mattpalusz@aol.com)
 - **Roslindale:** contact Clare O'Donohue (clareodo@hotmail.com) or Mary Howard (marythow@aol.com)