

Worcester East Spring 2025 Support Group & Resource Calendar

Month	Dates	Topic	Location
January	4/16/25 8pm	Care Fatigue – Taking Care of ourselves	Zoom
February	5/14/25 8pm	End of School year- Summer Ideas	Zoom
March	6/11/25	Open Support Group	Zoom

**Contact your FRL to join and for updates about possible in person meetings.
Visit mस्पcc.org/kidsnet for additional statewide virtual training opportunities**