

## **Worcester West Spring 2025 Support Group & Resource Calendar**

<b>Month</b>	<b>Dates</b>	<b>Topic</b>	<b>Location</b>
<b>April</b>	<b>4/16/25 7:30 – 9pm</b>	<b>Care Fatigue – Taking Care of ourselves</b>	<b>Zoom</b>
<b>May</b>	<b>5/14/25 7:30-9pm</b>	<b>End of School year- Summer Ideas</b>	<b>Zoom</b>
<b>June</b>	<b>6/11/25 7:30-9pm</b>	<b>Open Support Group</b>	<b>Zoom</b>

**Contact your FRL to join and for updates about possible in person meetings.  
Visit [mspcc.org/kidsnet](https://mspcc.org/kidsnet) for additional statewide virtual training opportunities**