

Worcester South Central 2025 Support Group & Resource Calendar

Month	Dates	Topic	Location
January	1/22/25 8pm	How trauma affects the brain/flipping their lid?	Zoom
February	2/19/25 8pm	How to get kids to talk about feelings – and why they should	Zoom

March	3/19/25 8pm	Getting summer plans started, camps, vacations, end of school fears?	Zoom
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Contact your FRL to join and for updates about possible in person meetings. Visit mspcc.org/kidsnet for additional statewide virtual training opportunities